

JUNIOR NEWSLETTER

October 2008

Applications are now being accepted for PA Governor's School of Excellence, five-week residential summer enrichment programs in six fields. The programs take place at college campuses and provide hands on experiences. Room and board, tuition, classroom materials, and activities are covered by full scholarships. Students are responsible for transportation costs and pocket money. Juniors may apply to all schools. **Online applications available at:** www.pgse.org

- 1) **Agricultural Sciences** --at Penn State University (University Park) June 28 – Aug. 1, 2009. Interest areas: environmental and biological sciences, veterinary medicine, nutrition and food management, horticulture, forestry, economics, technology. Postmark Deadline: 2/5/09.
- 2) **The Arts** –at Mercyhurst College (Erie) June 28 – Aug. 1, 2009. Interest areas: visual arts, photographic arts, creative writing, dance, music, acting, theater design. **Audition required.** Postmark Deadline: 1/5/09.
- 3) **Health Care** –at University of Pittsburgh (Pittsburgh) June 28 – August 1, 2009. Interest areas: human services, health care issues, therapies, pharmaceutical, sports medicine, public health, mental health, medical careers, life sciences. Postmark Deadline: 25/09.
- 4) **International Studies** - at University of Pittsburgh (Pittsburgh) June 28 – August 1, 2009. Interest areas: foreign languages, world cultures, political science. Postmark Postmark Deadline: 1/8/09.
- 5) **Information, Society and Technology** –at Drexel University (Philadelphia) June 28 – August 1, 2009. Interest areas: Networking and telecommunications, system analysis and design, e-commerce, software development, programming. Postmark Deadline: 2/5/09.
- 6) **Teaching** –at Millersville University (Lancaster County) June 28 – August 1, 2009. Interest areas: all subject areas, human services, leadership. Postmark Deadline: 1/8/09.
- 7) **Sciences** – at Carnegie Mellon University (Pittsburgh) June 28 – August 1, 2009. Interest areas: Chemistry, physics, biology, math and computer science. Deadline: 1/8/09.
- 8) **Global Entrepreneurship** –at Lehigh University (Bethlehem) June 28 – August 1, 2009. Interest areas: e-commerce, finance, international commerce, world cultures, economics. Deadline: 2/5/09.

• JUNIOR ACHIEVEMENT

Applications are soon being accepted for the Dale Carnegie Youth Leadership program. The program is offered to any high school student throughout Berks County. The program is held at Alvernia College, Saturdays, in January and February. Students that are interested should stop by the guidance office for additional information. This program gets rave reviews from past participants. It is a great addition to your resume and may increase scholarship opportunities.

Did you know?

Students with a degree in biomedical engineering are five times more likely to be admitted to medical school than students with other backgrounds, including those who majored in biology or “pre-med” studies.

• Have you heard about apprenticeships?

Apprenticeships provide structured on-the-job training under a qualified craftsperson, technician or professional. This training is supplemented by related classroom instruction conducted either by a sponsor or by an educational institution. The advantages of apprenticeships are numerous, including challenging career opportunities and the chance to learn from a skilled tradesperson. To find out more about apprenticeships write to :

Bureau of Apprenticeship Training
Region 3 Office
Room 13240
3535 Market Street
Philadelphia, PA 19104
(215) 596-6417 or 6418



Do you suffer from test anxiety? Try the following approach to test taking.

- *Start with the easiest questions*
- *Budget your time*
- *Relax!!! Don't let emotions interfere with logic*
- *Don't wait until the night before a test to study!*

Quote of the month:

“Life is a great big canvas and you should throw all the paint on it you can.”

-Danny Kaye

How is college different from High School

| High School | College |
|------------------------|-------------------------------|
| Mandatory | Voluntary |
| Free | Expensive |
| Time is structured | Self-management of time |
| Permission required | You decide |
| 30 hrs.a week in class | 12-16 hours in class |
| School year – 36 wks | 2 separate 15 week semesters |
| Schedule arranged | You arrange your own schedule |
| Smaller classes | Classes may be very large |
| Textbooks free | You must buy textbooks |
| Teachers help you | You must ask for help |

The bottom line is you are more responsible for yourself in college. You must seek help, you are required to attend class regularly, and you may not always be given assignments to help you learn the material. Instead you are expected to learn, explore and research on your own. Just like the step from middle school to high school there is more freedom, but with more freedom comes **more responsibility**. (Where have you heard that before?)



Did you know that First Energy provides a free tuition program for students interested in the two year Power Systems Institute. This program allows you to walk right into a career as a line worker at First Energy. The program covers college fees, books and required protective clothing. An Open House to learn more about the program is being held on November 8, 2008 from 6 – 8 p.m. at Reading Area Community College Schmidt Training and Technology Center.

Volunteer
Opportunity

Be a summer camp counselor for the Muscular Dystrophy Association. Time commitment: June 13-20, 2009 summer. Location: Variety Club in Worcester, PA. For more information call 610-391-1977 or e-mail at kbrown@mdausa.org.

Are you interested in the Medical Health Professions? Penn State Berks and Reading Hospital will be offering a dual-enrollment program to senior year students at BCTC next year. To qualify for the program you must be a senior that has had Biology and Chemistry with an A or B grade in both classes and Algebra II with an A or B grade. Pick up your application in the guidance office today.



Contests! Contests! Contests! Contests!

The 23rd Annual Ayn Rand's "The Fountainhead" scholarship contest is underway. All entries must be received by 4/25/09. Top Prize is \$10,000. Go to www.aynrand.org/contests today to find out more about this exciting program.

High School Computer Fair – Regional Competition held on February 27, 2009, 8:30 a.m. to 1:00 p.m. at Berks County Intermediate Unit. For more information and to register visit www.pacomputerfair.org Submissions must be made by 2/16/09.

Rider College 29th Annual Writing Contest First Prize \$100 and a chance to be published in Rider's Literary Magazine, Venture. All entries must be postmarked by December 12, 2008. Information available in the guidance office.

